

# true/false: vegetarians eat pollo. true false

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## [FREE] True/False: Vegetarians eat pollo. True False - brainly.com

The statement is false because vegetarians do not eat pollo, which is chicken, a type of meat. Vegetarians avoid all meat products for various reasons, including health and ethical concerns. Thus, they do not consume pollo or any poultry.

## [FREE] True/False: Vegetarians eat pollo (chicken). A. True B. False ...

Vegetarians do not eat pollo (chicken), making the statement false. This is due to the definition of vegetarianism, which excludes all types of meat. Various vegetarian diets exist, but all maintain the exclusion of poultry.

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The statement 'Vegetarians eat pollo' is false because vegetarians do not consume meat, including chicken. Since 'pollo' means chicken, vegetarians do not eat it. Therefore, the correct answer is false.

## [FREE] True/False: Vegetarians eat pollo (chicken). A. True B. False ...

In the question asked, the statement is that vegetarians eat pollo. To clarify, the term 'pollo' is Spanish for chicken. Therefore, vegetarian diets exclude all forms of meat, which includes chicken. Vegetarianism: A vegetarian is someone who avoids consuming meat, poultry, and fish. This diet typically focuses on a variety of plant-based foods, including fruits, vegetables, grains, nuts, and ...

## [FREE] Vegetarians eat chicken. A. True B. False - brainly.com

The statement that "Vegetarians eat chicken" is False. Vegetarians, by definition, do not consume meat, which includes all types of flesh from animals, such as beef, pork, fish, and poultry (like chicken). Definition of Vegetarianism: The term "vegetarian" refers to people who adhere to a diet that excludes meat and, in most cases, fish. Reasons for Not Eating Meat: Many individuals choose ...

## **[FREE] Ovo vegetarians eat fish. True False - brainly.com**

Ovo vegetarians do not eat fish as they include eggs in their diet while excluding meat and all types of fish. The definition of ovo vegetarians is clearly distinct from other dietary categories. Therefore, the statement that they eat fish is false.

## **Devout Hindus, even though dedicated vegetarians, eat beef.**

The statement "Devout Hindus, even though dedicated vegetarians, eat beef" is False. In Hinduism, the cow is regarded as a sacred animal, and this belief significantly influences the dietary choices of many Hindus, particularly those who identify as devout.

## **Vegetarians should eat a variety of plant sources of protein.**

True. Vegetarians should eat a variety of plant sources of protein to ensure they are getting all the essential amino acids their bodies need. While it may be more difficult to obtain all essential amino acids from single plant sources, consuming a variety of plant proteins, such as legumes, nuts, and grains, can help meet their nutritional needs.

## **Tofu can be a good source of calcium for vegetarians. True or False?**

True, tofu can be a good source of calcium for vegetarians, especially when fortified with calcium. It provides essential nutrients for bone health and is a staple in many vegetarian diets. Reading product labels helps ensure adequate calcium intake.

## **Lacto-ovo-vegetarians consume all plant products plus eggs and fish.**

The statement "Lacto-ovo-vegetarians consume all plant products plus eggs and fish" is False. Lacto-ovo-vegetarianism is a type of vegetarian diet. People following this diet typically consume plant-based foods along with dairy products and eggs, but they do not eat meat, fish, or poultry. The name 'lacto-ovo' comes from the Latin words for milk ('lacto') and egg ('ovo'). Lacto-Ovo-Vegetarians ...