

the mental game of trading pdf

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Mental disorders - World Health Organization (WHO)

WHO fact sheet on mental disorders, including sections on anxiety disorders, depression, bipolar disorder, Post-Traumatic Stress Disorder, schizophrenia, eating disorders, disruptive behaviour and dissocial disorders, neurodevelopmental disorders, risk factors, health systems and social support, as well as WHO's work in these areas.

Mental health

mental health support in non-health settings, including child protection services, school health programmes, and prisons. The vast care gap for common mental health conditions such as depression and anxiety means countries must also explore innovative approaches to expand and diversify care.

Mental health - World Health Organization (WHO)

Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community. It has intrinsic and instrumental value and is integral to our well-being. At any one time, a diverse set of individual, family, community and structural factors may combine to protect or undermine mental ...

Mental health and NCDs: A shared but differentiated agenda for the 2025 ...

The document is an opening commentary authored by Dévora Kestel, Director of the Department of Mental Health, Brain Health, and Substance Use at the World Health Organisation. It discusses the prominence of mental health in the preparations for the upcoming UN General Assembly high-level meeting on noncommunicable diseases (NCDs) in September 2025.

WHO blueprint for mental health policy and law reform

WHO's Mental Health Policy and Strategic Action Plan Guidance and WHO/OHCHR Mental Health, Human Rights and Legislation provide complementary, rights-based frameworks for reform. Both call for coordinated policy and legislative changes to close care gaps, eliminate coercion, and build systems rooted in dignity, autonomy, and inclusion.

Children and young people's mental health: the case for action

WHO advocates for a comprehensive response to the mental health needs of children and young people, with a focus on strengthening policies and legislation; promoting enabling environments (in homes, schools, communities, workplaces and digital spaces) and building preventive and care

services.

World leaders adopt a historic global declaration on noncommunicable ...

Leaders from across the world at the Eightieth United Nations General Assembly (UNGA) have adopted the political declaration to combat noncommunicable diseases (NCDs) and mental health challenges through a fully integrated approach. This is the outcome of the intergovernmental negotiations in advance of and considered by the fourth high-level meeting of the UNGA on the prevention and control ...

Mental health - India

Mental health Mental health is an integral part of health; it is more than the absence of mental illnesses. It is the foundation for well-being and effective functioning of individuals. It includes mental well-being, prevention of mental disorders, treatment and rehabilitation. WHO estimates that the burden of mental health problems in India is 2443 disability-adjusted life years (DALYs) per ...

Over a billion people living with mental health conditions - services ...

More than 1 billion people are living with mental health disorders, according to new data released by the World Health Organization (WHO), with conditions such as anxiety and depression inflicting immense human and economic tolls.

Mental health atlas 2024

WHO's Mental Health Atlas is a periodic survey and report of countries' mental health policies and programmes, laws, information systems, financing, workforce and services.