

the obstacle is the way pdf

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The Obstacle Is the Way: The Timeless Art of Turning Trials into Triumph

Obstacles make us emotional, but the only way we'll survive or overcome them is by keeping those emotions in check—if we can keep steady no matter what happens, no matter how much external events may fluctuate.

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Transform Adversity into Opportunity with Timeless Wisdom. In "The Obstacle Is the Way," Ryan Holiday draws on the wisdom of Marcus Aurelius to illuminate a powerful truth: challenges can become our greatest opportunities for growth.

The obstacle is the way : the timeless art of turning trials into ...

Ulysses S. Grant found himself stuck across the Mississippi river, desperately trying to break into the impenetrable fortress of Vicksburg.

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An updated and expanded edition of the book that launched a global phenomenon, *The Obstacle Is the Way* presents an infinitely elastic formula for turning our toughest trials into our greatest triumphs.

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The Obstacle is the Way has become a cult classic, beloved by men and women around the world who apply its wisdom to become more successful at whatever they do.

THE OBSTACLE IS THE WAY

The lesson of almost all of the historic figures in *The Obstacle is the Way* is that they persevered. Despite the odds, despite their physical or mental or environmental challenges, they never gave up.