

# **social work macro practice 7th edition**

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## **The United States Social Security Administration**

Your most-needed services, online With a secure my Social Security account, you can get services and manage your benefits—anywhere, anytime.

### **my Social Security | SSA**

With this free and secure account, you can request a replacement Social Security card, check the status of an application, estimate future benefits, or manage the benefits you already receive.

### **Field Office Locator | SSA**

Find Help and Answers Review Our FAQs Request a Replacement Social Security Card Request a Replacement Medicare Card Appeal a Medical Decision

### **Online Services | SSA**

We are constantly expanding our online services to give you freedom and control when conducting business with Social Security. Today, you can apply for retirement, disability, and Medicare benefits online.

### **Social Security Office Locator, SSA Office Locator Social Security ...**

Social Security Office Locator Important Information Our website, [www.ssa.gov](http://www.ssa.gov), is the best way to get help. If you cannot use our website, please call our National 800 Number or your local Social Security office. We can often help by phone and save you a trip to an office.

### **Social Security**

Sign In or Create an Account By signing in or creating an account, you agree to the Privacy Act Statement and Terms of Service. If you already have a Login.gov or ID.me account, do not create a new one. You can use your existing account to access Social Security services.

### **Make or change an appointment | SSA**

For example, you can: Apply for benefits. Get or replace a Social Security card. Update contact information. Change your name. Check your application status. Update direct deposit. Some tasks start online and need to be finished in an office, but starting online saves time. We'll help you schedule an appointment to visit when it's needed.

## **Manage Social Security benefits | SSA**

Manage Social Security benefits Complete various tasks to manage your Social Security benefits. If needed, you'll be asked to sign in to your account first. For Medicare updates, visit our Medicare page to see how to manage your plans.

## **Contact Social Security | SSA**

You can use our online services to apply for benefits, check the status of your claim or appeal, request a replacement Social Security card (in many areas), get an instant benefit verification letter, and much more.

## **2026 Cost-of-Living Adjustment (COLA) Fact Sheet | News | SSA**

Based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2024 through the third quarter of 2025, Social Security beneficiaries and Supplemental Security Income (SSI) recipients will receive a 2.8 percent COLA for 2026.