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STILLNESS Definition & Meaning - Merriam-Webster

The meaning of STILLNESS is freedom from agitation : calmness, serenity. How to use stillness in a sentence.

The Power of Being Still: 6 Ways to Practice Stillness

According to the Oxford Dictionary, stillness is “the quality of being quiet and not moving.” Moments of stillness are possible even on the busiest of days. They are within our reach whenever...

STILLNESS | English meaning - Cambridge Dictionary

Movement is the child's first language and means of expression and it learns stillness as the most advanced form of movement. It is a region of stillness and silence. This was reflected in physical stillness and minimal use of voice. Embedded suggestions for stillness and quiet are included.

STILLNESS definition and meaning | Collins English Dictionary

STILLNESS definition: silence ; quiet ; hush | Meaning, pronunciation, translations and examples

stillness noun - Definition, pictures, pronunciation and usage notes ...

Definition of stillness noun in Oxford Advanced Learner's Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more.

stillness - Wiktionary, the free dictionary

Noun stillness (countable and uncountable, plural stillnesses) The quality or state of being still. Synonyms: calmness, motionlessness, inactivity, inertia

Stillness - definition of stillness by The Free Dictionary

Define stillness. stillness synonyms, stillness pronunciation, stillness translation, English dictionary definition of stillness. adj. still·er , still·est 1. a. Not moving or in motion: The patient must be still for the doctor to work. b. Free from disturbance, agitation, or...

The Strength of Stillness - Psychology Today

Learning to be still can help reduce stress, improve sleep and listening, provide new ideas and

remind us of the present moment. Stillness can be practiced throughout daily activities, such as...

What does stillness mean? - Definitions.net

Stillness is the state or quality of having no motion or movement; being completely calm, quiet, and undisturbed. It can also refer to the absence of noise and disruption, or a state of tranquility and peace.

The Power of Stillness: Finding Peace and Clarity in a Busy World ...

Discover the transformative power of stillness in a fast-paced world. Learn how embracing moments of quiet can reduce stress, improve mental clarity, and enhance overall well-being through mindfulness and reflection.