

suicide quotes

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TOP 25 SUICIDE QUOTES (of 1000) | A-Z Quotes

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100 Original Suicide Quotes for Strength and Resilience

Explore 100 original suicide quotes offering hope, courage, and healing. Find resources, support, and actionable steps to navigate dark times.

17 Suicide Quotes from Survivors for Hope and Prevention

This article brings together honest quotes from men who've lived with suicidal thoughts, stepped back from the edge, or (like me) survived a suicide attempt. Each quote is tied to a personal story with turning points, practical tips, and what helped them find a way forward.

27 Top Suicide Quotes (with Explanation) - Life Success Journal

You often see these quotes shared to raise awareness about mental health, to comfort those in pain, and to encourage empathy and understanding. While some quotes express deep darkness and despair, others highlight hope, resilience, and the importance of seeking help.

50 Inspiring Quotes to Foster Hope in Suicide Prevention

Discover a collection of powerful suicide prevention quotes designed to inspire hope and support for those struggling with suicidal thoughts. These words can help illuminate the path to healing and emphasize the value of life.

Dear Abby: I'm struggling with guilt over my fiancé's death

A woman grapples with guilt and grief after the suicide of her fiancé and seeks help for coping with her emotions.

Facts About Suicide | Suicide Prevention | CDC

Facts About Suicide
Key points Suicide is a leading cause of death and affects people of all ages. Suicide is a serious public health problem and has far-reaching impact. Resources are available to prevent suicide. Hope is possible.

Ask Suicide-Screening Questions (ASQ) Toolkit - NIMH

The Ask Suicide-Screening Questions (ASQ) tool is a set of four brief suicide screening questions that takes 20 seconds to administer.

Suicide prevention: Here's how you can help - Kaiser Permanente

"Suicide rates remain deeply concerning, especially among teens and young adults," said Cambria Bruschke, Kaiser Permanente's national project lead for suicide prevention. Recent data shows that suicide remains the second leading cause of death for people 10 to 24 years old, and has increased by 56% over the past decade .

Gilbert couple found shot dead in apparent murder-suicide

A 74-year-old woman and her 76-year-old husband were found with gunshot wounds on Tuesday afternoon at a Gilbert home and both later died, according to police. Just before 3 p.m. on Jan. 20 ...