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The meaning of STRENGTH is the quality or state of being strong : capacity for exertion or endurance. How to use strength in a sentence. Synonym Discussion of Strength.

STRENGTH Definition & Meaning | Dictionary.com

STRENGTH definition: the quality or state of being strong; bodily or muscular power. See examples of strength used in a sentence.

STRENGTH | English meaning - Cambridge Dictionary

STRENGTH definition: 1. the ability to do things that need a lot of physical or mental effort: 2. the degree to which.... Learn more.

Strength - definition of strength by The Free Dictionary

Strength refers especially to physical, mental, or moral robustness or vigor: "enough work to do, and strength enough to do the work" (Rudyard Kipling).

STRENGTH - Definition & Translations | Collins English Dictionary

Your strength is the physical energy that you have, which gives you the ability to do things such as lift heavy objects.

strength - WordReference.com Dictionary of English

in strength, in the full force or numbers of a group or organization: They came out in strength to support a change in the law. Idioms on the strength of, on the basis of: Solely on the strength of his recommendation we're going to hire you.

Strength Definition & Meaning | YourDictionary

Strength definition: The state or quality of being strong; physical power or capacity.

strength - Wiktionary, the free dictionary

strength (countable and uncountable, plural strengths) The quality or degree of being strong. Antonym: weakness It requires great strength to lift heavy objects.

Forget About Muscle Mass as You Age, Focus on Strength

Lift Heavier While research shows you can build both muscle and strength with light weight, it's more efficient to lift progressively heavier.

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