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Postpartum: Stages, Symptoms & Recovery Time - Cleveland Clinic

Postpartum starts immediately after childbirth and generally lasts six to eight weeks. Your body goes through many physical and emotional changes during this time, with some symptoms lasting months after you give birth.

Postpartum depression - Symptoms and causes - Mayo Clinic

Most new moms experience postpartum "baby blues" after childbirth, which commonly include mood swings, crying spells, anxiety and difficulty sleeping. Baby blues usually begin within the first 2 to 3 days after delivery and may last for up to two weeks.

Postpartum Resource Center of New York

Our mission is to serve New York state women and their families at risk for and experiencing prenatal and postpartum depression/psychosis.

Postpartum Care: What New Parents Should Know - Sutter Health

The postpartum period, sometimes called the fourth trimester, begins right after delivery and usually lasts six to eight weeks, though some symptoms can last longer. Giving birth is a major physical and emotional challenge and caring for a newborn while your body heals can feel overwhelming.

Timeline of Postpartum Recovery - Healthline

The postpartum period is an intense time and requires all sorts of care for you and your baby. Discover the postpartum recovery timeline.

Physiology, Postpartum Changes - StatPearls - NCBI Bookshelf

The postpartum period is divided into 3 arbitrary phases, ie, the acute phase - the first 24 hours after delivery of the placenta; early - up to 7 days; and late - up to 6 weeks to 6 months.

Overview of Postpartum Care - Women's Health Issues -

MSD Manual ...

The 6 weeks after pregnancy and delivery of a baby is called the postpartum period, when the mother's body returns to its prepregnancy state.

Postpartum physiological changes - Wikipedia

The postpartum physiological changes are those expected changes that occur in the woman's body after childbirth, in the postpartum period. These changes mark the beginning of the return of pre-pregnancy physiology and of breastfeeding.

Postpartum care: What to expect after birth - CVS

After giving birth, it's important to take care of yourself. Learn about postpartum care and what to expect during this crucial time.

After Pregnancy - ACOG

The postpartum period can be a time of mixed emotions – and a time of physical changes. Here you can find info on taking care of yourself, finding the support you need, and caring for a newborn.