

pressure is a privilege meaning

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Pulse pressure: An indicator of heart health? - Mayo Clinic

Checking your pulse pressure may help your care team predict your risk of heart and blood vessel events, such as heart attacks and strokes. A pulse pressure greater than 60 is a risk factor for heart disease, especially for older adults. Stiffness of the body's largest arteries is the leading cause of increased pulse pressure in older adults.

Blood pressure: Is it affected by cold weather? - Mayo Clinic

Blood pressure also can be affected by a sudden change in weather patterns, such as a weather front or a storm. The body, including the blood vessels, might react to sudden changes in humidity, atmospheric pressure, cloud cover or wind in much the same way it reacts to cold.

Losartan (oral route) - Side effects & dosage - Mayo Clinic

A lower blood pressure will increase the supply of the blood and oxygen to the heart. Losartan is also used to decrease the risk of stroke in patients with high blood pressure and enlargement of the heart.

Blood pressure chart: What your reading means - Mayo Clinic

Checking your blood pressure helps you avoid health problems. Learn more about what your numbers mean.

Prednisone and other corticosteroids - Mayo Clinic

Are you using a corticosteroid? Prednisone and other corticosteroid pills, creams and injections can cause side effects. Find out what to expect.

Carvedilol (oral route) - Side effects & dosage - Mayo Clinic

Carvedilol is used alone or together with other medicines to treat high blood pressure (hypertension). High blood pressure adds to the workload of the heart and arteries.

High blood pressure (hypertension) - Mayo Clinic

Hypertension means high blood pressure. A blood pressure measurement includes two numbers. Those numbers are the systolic blood pressure and the diastolic blood pressure. Because of the pumping action of the heart, the pressure within the arteries cycles between a higher pressure and a lower pressure.

The world's best hospital - Mayo Clinic

The right answers the first time Effective treatment depends on getting the right diagnosis. Our experts diagnose and treat the toughest medical challenges. The world's best hospital Mayo Clinic is the No. 1 hospital in the world according to Newsweek. Learn more about our top-ranked specialties.

Angiotensin II receptor blockers - Mayo Clinic

Angiotensin 2 receptor blockers are a type of medicine used to treat high blood pressure. Other names for this type of medicine are: Angiotensin receptor blockers. Angiotensin II receptor blockers. ARBs. Angiotensin is a chemical in the body that narrows the blood vessels. When blood vessels are narrow, blood pressure can go up.

10 ways to control high blood pressure without medication

If you have high blood pressure, you may wonder if you need to take medicine to treat it. But lifestyle changes play a vital role in treating high blood pressure. Controlling blood pressure with a healthy lifestyle might prevent, delay or lessen the need for medicine. Here are 10 lifestyle changes that can lower blood pressure and keep it down.