

# **nervous system mind map**

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## **Anxiety disorders - Symptoms and causes - Mayo Clinic**

Symptoms Common anxiety signs and symptoms include: Feeling nervous, restless or tense. Having a sense of impending danger, panic or doom. Having an increased heart rate. Breathing rapidly (hyperventilation). Sweating. Trembling. Feeling weak or tired. Trouble concentrating or thinking about anything other than the present worry. Having trouble ...

## **Nervous breakdown: What does it mean? - Mayo Clinic**

Nervous breakdown isn't a medical term. It most often means a mental health crisis that affects your ability to meet your own needs and do daily tasks.

## **Fear of public speaking: How can I overcome it? - Mayo Clinic**

Feeling nervous or anxious about public speaking is common, but it also can be motivating. Fear of public speaking is a form of performance anxiety, along with stage fright and test anxiety. But people with severe performance anxiety that includes great anxiety in other social situations may have social anxiety disorder, also called social phobia.

## **Multiple sclerosis - Symptoms and causes - Mayo Clinic**

In multiple sclerosis, the protective coating on nerve fibers, known as myelin, in the central nervous system is damaged. Depending on the location of the damage in the central nervous system, symptoms may happen, including numbness, tingling, weakness, visual changes, bladder and bowel troubles, memory troubles, or mood changes, for example.

## **Autonomic neuropathy - Symptoms & causes - Mayo Clinic**

Autonomic neuropathy occurs when there is damage to the nerves that control automatic body functions. It can affect blood pressure, temperature control, digestion, bladder function and even sexual function. The nerve damage affects the messages sent between the brain and other organs and areas of ...

## **Medical Diseases & Conditions - Mayo Clinic**

Explore comprehensive guides on hundreds of common and rare diseases and conditions from the experts at Mayo Clinic.

## **Epilepsy - Symptoms and causes - Mayo Clinic**

Epilepsy is a brain condition that causes recurring seizures. There are many types of epilepsy. In

some people, the cause can be found. In others, the cause is not known. Epilepsy also is known as a seizure disorder. Epilepsy is common and affects people of all genders, races, ethnic backgrounds and ages.

## **Irritable bowel syndrome - Symptoms and causes - Mayo Clinic**

Overview Irritable bowel syndrome (IBS) is a common condition that affects the stomach and intestines, also called the gastrointestinal tract. Symptoms include cramping, belly pain, bloating, gas, and diarrhea or constipation, or both. IBS is an ongoing condition that needs long-term management.

## **Neurology - Department home - Mayo Clinic**

The Mayo Clinic Department of Neurology is one of the largest and most comprehensive neurological practices in the world. It includes more than 200 experts in diagnosing and treating more than 500 conditions of the nervous system.

## **Lorazepam (oral route) - Side effects & dosage - Mayo Clinic**

Description Lorazepam is used to treat anxiety disorders. It is also used for short-term relief of the symptoms of anxiety or anxiety caused by depression. Lorazepam is a benzodiazepine that works in the brain to relieve symptoms of anxiety. Benzodiazepines are central nervous system (CNS) depressants, which are medicines that slow down the nervous system. This medicine is available only with ...