

# levator ani muscle exercises

*AI generated article from Bing*

---

## Levator scapulae muscle - Wikipedia

The levator scapulae is supplied by the dorsal scapular artery. Normally, this artery has a small branch which passes laterally to the supraspinatus fossa of the scapula, and in a third of cases, this branch supplies the muscle.

## Levator Scapula Muscle and Its Role in Pain and Posture

The levator scapula muscle is one of several shoulder muscles that affect your posture and neck. Learn how to get this muscle working for you.

## Levator scapulae: Origin, insertion, innervation, action | Kenhub

The levator scapulae muscle extends from the transverse processes of vertebrae C1-C4 to the medial border of scapula. As its name suggests, the main function of this muscle is to elevate the scapula.

## Levator Scapulae: What Is It, Where Is It Located and More | Osmosis

What is the levator scapulae? The levator scapulae is a large, superficial muscle of the upper back and neck that extends along the neck and elevates the scapula, or the shoulder blade. Levator originates from the Latin word *levare* which means “to raise” and *scapula* is Latin for “shoulder.”

## Levator Scapulae: Origin, Insertion, Action, Innervation, & Diagram

The levator scapulae is a paired muscle in the superficial layer of extrinsic back muscles along with the trapezius, latissimus dorsi, and rhomboids. The muscle's name comes from its primary function of elevating the scapula, with 'levator' coming from the Latin word 'levare,' which is 'to raise.'

## LEVATOR Definition & Meaning - Merriam-Webster

The meaning of LEVATOR is a muscle that serves to raise a body part.

## Levator muscle | Eyelid, Eyebrow, & Facial | Britannica

levator muscle, any of the muscles that raise a body part.

## **Anatomy, Head and Neck, Levator Scapulae Muscles**

The levator scapulae muscles are superficial extrinsic muscles of the back that primarily function to elevate the scapulae. Levator comes from the Latin levare, meaning "to raise."

### **Levator Scapular - Attachments - Actions - TeachMeAnatomy**

The levator scapulae is an extrinsic muscle of the shoulder. It is a small strap-like muscle which begins in the neck and descends to attach to the scapula.

### **Levator scapulae muscle | Radiology Reference Article | Radiopaedia.org**

Levator scapulae muscle is a muscle of the upper limb that connects the pectoral girdle to the cervical spine.