

longevity resources sidney bc

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Longevity - National Institute on Aging

Longevity May 1, 2025 Biological clock based on blood measurements predicts mouse lifespan and frailty NIA investigators have created a biological clock for mice based on blood measurements. Learn how the clock can help predict differences in aging and how the findings could translate to clinical practice.

From lifespan to healthspan: why childhood nutrition is key to the new ...

Healthspan – the period lived in good health – is as important as lifespan when considering longevity. Early childhood nutrition has a significant impact on future healthspan. Governments, businesses and NGOs must address childhood nutrition in order to ensure equitable health outcomes as populations age.

The 100-year life is here. How can we meet the challenges of longevity ...

The Stanford Center on Longevity launched an initiative called The New Map of Life, believing that one of the most profound transformations of the human experience calls for equally momentous and creative changes in how we lead these 100-year lives.

How agotech can ease care burdens and rejuvenate the longevity economy

Four startup founders reveal insights on how to overcome the structural barriers currently preventing the much-needed deployment of agotech at scale

Unlock longevity data through the ELITE Portal

You can also subscribe to the ELITE Portal newsletter to stay informed about upcoming workshops, data challenges, and new discoveries from exceptional longevity researchers. We invite you to share your suggestions on longevity-related research resources to add to the ELITE Portal. Please leave a comment below, or email me for more information.

What is the 'longevity economy' and its 6 principles? | World Economic ...

In its Longevity Economy Principles, the World Economic Forum addresses how to fund our longer lives as the global population ages.

Making generational growth work through a longevity economy

How the longevity economy can transform ageing societies into engines of growth through pension reform, innovation and a reimagined workforce.

How to live a long and healthy life, according to research | World ...

This round-up explores 10 articles on living a long and healthy life and how the habits you adopt can influence your wellbeing and life expectancy. From finding your 'ikigai' to being more optimistic, these essential reads might just help you live a healthier life.

Unlocking the hidden workforce of the longevity economy

Shrinking workforces and ageing populations require more flexible working and age-inclusive hiring to boost productivity and unlock the longevity economy.

Unique gut microbiome patterns linked to healthy aging, increased longevity

An NIH supported study found that when it comes to the gut microbiome, uniqueness matters for healthy aging and increased longevity.