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Dehydration - Symptoms & causes - Mayo Clinic

Not replacing lost fluids leads to dehydration. Anyone can become dehydrated. But the condition is more serious for infants, children and older adults. The most common cause of dehydration in young children is diarrhea and vomiting. Older adults have a lower volume of water in their bodies to begin with.

Dehydration - Diagnosis & treatment - Mayo Clinic

For infants and children who are dehydrated from diarrhea, vomiting or fever, use water with electrolytes such as Pedialyte or Smart Water. Start with about a teaspoon (5 milliliters) every 1 to 5 minutes and increase as your child is able to take it.

Can dehydration lead to serious complications? - Mayo Clinic News Network

Anyone may become dehydrated, but young children, older adults and people with chronic illnesses are most at risk. You can usually reverse mild to moderate dehydration by drinking more fluids, but severe dehydration needs immediate medical treatment.

Urine color - Diagnosis and treatment - Mayo Clinic

Lifestyle and home remedies When you're dehydrated, your urine becomes darker in color. If this happens, it might mean you need more fluids. Make sure you drink enough fluids daily to stay hydrated and keep yourself healthy. **Preparing for your appointment** You'll likely start by seeing your primary care provider.

Dehydrated alcohol (injection route) - Side effects & uses

Dehydrated alcohol injection is used to control the blood supply to the heart to improve exercise ability in patients with symptomatic hypertrophic obstructive cardiomyopathy who are not able to receive open heart surgery.

I've recently been having low blood pressure attacks. Not dehydrated ...

Healthcare providers blamed it on dehydration, which it might have been at the time so I started hydrating properly since then it has happened twice more and I know I'm not dehydrated.

Hangovers - Symptoms and causes - Mayo Clinic

Overview A hangover is a group of unpleasant symptoms that can happen after drinking too much alcohol. As if feeling awful weren't bad enough, frequent hangovers also are linked with poor performance and conflict at home, school and work. Generally, the more alcohol you drink, the more likely you are to have a hangover the next day. But there's no easy way to know how much you can safely drink ...

Ultraprocessed foods and processed foods: Are they both bad for your ...

This includes foods that have been cut, pasteurized, cooked, frozen or dehydrated, as well as foods that have had preservatives, nutrients and other additives included.

Dry skin - Symptoms and causes - Mayo Clinic

Overview Dry skin makes the skin look and feel rough, itchy, flaky or scaly. The location where these dry patches form vary from person to person. It's a common condition that affects people of all ages. Dry skin, also known as xerosis or xeroderma, has many causes, including cold or dry weather, sun damage, harsh soaps, and overbathing.

Dehydration: How long does it take to hydrate again?

"Recovery time for dehydration depends on the underlying cause and may also depend on how long you've been dehydrated. If your dehydration is severe enough that it requires hospitalization, or if it's accompanied by heatstroke, it may take a day or two before you can be released from the hospital."