

# cushing and addison's disease

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## **Cushing syndrome - Symptoms and causes - Mayo Clinic**

Cushing syndrome happens when the body has too much of the hormone cortisol for a long time. This can result from the body making too much cortisol, or from taking medicines called glucocorticoids, which affect the body the same way as cortisol.

## **Síndrome de Cushing - Síntomas y causas - Mayo Clinic**

El síndrome de Cushing se produce cuando el cuerpo tiene demasiada hormona cortisol durante mucho tiempo. Esto puede deberse a que el cuerpo produce demasiado cortisol o a la administración de medicamentos llamados glucocorticoides, que afectan al organismo del mismo modo que lo hace el cortisol.

## **Síndrome de Cushing - Diagnóstico y tratamiento - Mayo Clinic**

Los tratamientos para el síndrome de Cushing sirven para reducir el nivel de cortisol en el cuerpo. El tratamiento más adecuado depende de la causa del síndrome.

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Schernthaner-Reiter MH, et al. Acute and life-threatening complications in Cushing syndrome: Prevalence, predictors, and mortality. The Journal of Clinical Endocrinology & Metabolism. 2021; doi:10.1210/clinem/dgab058.

## **Cushing syndrome - Diagnosis and treatment - Mayo Clinic**

The endocrinologist likely will do a physical exam and look for signs of Cushing syndrome, such as a round face, a hump on the back of the neck, and thin, bruised skin with stretch marks. If you haven't been using a glucocorticoid medicine, these tests may help pinpoint the cause of Cushing syndrome: Urine and blood tests.

## **Síndrome de Cushing - Atención en Mayo Clinic - Mayo Clinic**

Los investigadores de Mayo Clinic han ayudado a mejorar el método de diagnóstico y tratamiento del síndrome de Cushing. Estas mejoras incluyen nuevas técnicas de resonancia magnética para localizar pequeños tumores pituitarios, obtención de muestras del seno petroso, cirugía hipofisiaria endoscópica transesfenoidal, suprarrenalectomía ...

Mayo Clinic researchers have helped improve how Cushing syndrome is diagnosed and treated. These improvements include new MRI techniques to pinpoint small pituitary tumors, petrosal sinus sampling, endoscopic transnasal pituitary surgery, laparoscopic adrenalectomy and stereotactic radiosurgery.

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## Cushing syndrome care at Mayo Clinic

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