

# connor davidson resilience scale 10

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## Connor-Davidson Resilience Scale 10-Item | RehabMeasures Database

The CD-RISC 10 is a unidimensional self-reported scale consisting of 10-items measuring resilience. Respondents rate items on a 5-point Likert scale, ranging from 0 (not true at all) to 4 (true nearly all the time). Each item has a minimum score of 0 and a maximum score of 4.

## How to Use the Connor Davidson Resilience Scale (CD-RISC)

What is the Connor-Davidson Resilience Scale? (CD-RISC) The Connor-Davidson Resilience Scale is a test that measures resilience or how well one is equipped to bounce back after stressful events, tragedy, or trauma. Resilience gives us the ability to thrive in the face of adversity.

## Connor-Davidson Resilience Scale (CD-RISC) © Manual

This report presented psychometric data establishing validity and reliability of the scale (known as the Connor-Davidson Resilience Scale or CD-RISC), as well as briefly describing each of the 25 items (see Table 2 of that citation), and giving general scoring directions.

## Conner-Davidson Resilience Scale (CD-RISC)

This scale has been widely used and validated in dozens of studies. The user guide also provides benchmark data so scores can be compared to the general population and specific subpopulations (e.g., PTSD samples).

## CD-RISC: Home

This website is home to the Connor-Davidson Resilience Scale©. Please use the links in the menu above to find out more about the assesment, and how you can obtain a copy.

## Psychometric properties of the 10-item Connor-Davidson Resilience Scale ...

This study assessed the psychometric properties of the 10-item Connor Davidson Resilience Scale (CD-RISC-10), a self-report measure of resilience, in youth receiving treatment and/or screening positive for depression/suicidality in psychiatric outpatient settings.

## Development of a new resilience scale: the Connor-Davidson Resilience ...

Resilience may be viewed as a measure of stress coping ability and, as such, could be an important

target of treatment in anxiety, depression, and stress reactions. We describe a new rating scale to assess resilience.

## **Connor-Davidson Resilience Scale - Wikipedia**

The Connor-Davidson Resilience Scale (CD-RISC) was developed by Kathryn M. Connor and Jonathan R.T. Davidson as a means of assessing resilience. [1] The CD-RISC is based on Connor and Davidson's operational definition of resilience, which is the ability to "thrive in the face of adversity."

## **The Connor Davidson Resilience Scale | BetterHelp**

The Connor Davidson Resilience Scale CD RISC 10 can help you find out. In short, the Resilience Scale CD RISC is a point scale used to measure an individual's resilience in a stress situation that could potentially cause depression and anxiety.

## **10-Item Connor-Davidson Resilience Scale - APA PsycNet**

The refined Connor-Davidson Resilience Scale (CD-RISC; Campbell-Sills & Stein, 2007) is a shortened version of the original 25-item, 5-factor measure developed by Connor & Davidson (2003) to assess personal resources or qualities deemed appropriate for positive adaptations to adversity.