

breastfeeding lesbians

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Breastfeeding - World Health Organization (WHO)

Breastfeeding is the normal way of providing young infants with the nutrients they need for healthy growth and development. Virtually, all mothers can breastfeed, provided they have accurate information and the support of their family, the health care system and society at large.

Breastfeeding - World Health Organization (WHO)

Most medications can be taken while you are breastfeeding without affecting your baby. If you or your health care provider are worried that taking your medication might affect your breastfed baby, check with a specialized pharmaceutical advisory service, such as e-lactancia.org, infantrisk.com or lactmed.com.

Breastfeeding in the Western Pacific - World Health Organization (WHO)

Breastfeeding is the best way of providing young infants with the nutrients they need for healthy growth and development. Virtually, all mothers can breastfeed, provided they have accurate information and the support of their family, the health care system and society at large.

Breastfeeding - World Health Organization (WHO)

Breastfeeding is one of the most effective ways to ensure child health and survival. If breastfeeding were scaled up to near universal levels, about 820 000 child lives would be saved every year (1). Globally, only 40% of infants under six months of age are exclusively breastfed. WHO actively promotes breastfeeding as the best source of nourishment for infants and young children. This fact ...

Ten steps to successful breastfeeding

WHO and UNICEF launched the Baby-friendly Hospital Initiative (BFHI) to help motivate facilities providing maternity and newborn services worldwide to implement the Ten Steps to Successful Breastfeeding. The Ten Steps summarize a package of policies and procedures that facilities providing maternity and newborn services should implement to support breastfeeding. WHO has called upon all ...

Breastfeeding in Indonesia on the rise, but mothers need more support

Jakarta, 1 August 2025 – As Indonesia commemorates World Breastfeeding Week 2025, UNICEF and the World Health Organization (WHO) are highlighting the importance of strengthening support systems for breastfeeding mothers across the country. World Breastfeeding Week is observed around

the world from 1-7 August. In Indonesia, this important occasion is observed throughout the month of August ...

Infant and young child feeding - World Health Organization (WHO)

WHO fact sheet on infant and young child feeding providing key facts, breastfeeding, complementary feeding, feeding in difficult circumstances, HIV and infant feeding, WHO response.

Exclusive breastfeeding for optimal growth, development and health of ...

Breastfeeding has many health benefits for both the mother and infant. Breast milk contains all the nutrients an infant needs in the first six months of life. Breastfeeding protects against diarrhoea and common childhood illnesses such as pneumonia, and may also have longer-term health benefits for the mother and child, such as reducing the risk of overweight and obesity in childhood and ...

Breastfeeding - a healthy start to life - World Health Organization (WHO)

Breastfeeding is a cornerstone for child survival and health especially during early life because it provides essential irreplaceable nutrition for a child's growth and development. It serves as a child's first immunization - providing protection from common childhood illnesses, such as diarrhoea and pneumonia, few of the leading causes of under-five mortality in WHO's South-East Asia ...

Lactancia materna - World Health Organization (WHO)

La lactancia materna es una de las formas más eficaces de garantizar la salud y la supervivencia de los niños. Sin embargo, casi dos de cada tres menores de 1 año no son amamantados exclusivamente durante los 6 meses que se recomiendan, una tasa que no ha mejorado en dos décadas.