

athlete meal plan

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ATHLETE Definition & Meaning - Merriam-Webster

The meaning of ATHLETE is a person who is trained or skilled in exercises, sports, or games requiring physical strength, agility, or stamina. How to use athlete in a sentence.

Athlete - Wikipedia

An athlete is most commonly a person who competes in one or more sports involving physical strength, speed, power, or endurance. Sometimes the word "athlete" is used to refer specifically to sport of athletics competitors, i.e. including track and field and marathon runners but excluding e.g. swimmers, footballers or basketball players.

ATHLETE Definition & Meaning | Dictionary.com

ATHLETE definition: a person trained or gifted in exercises or contests involving physical agility, stamina, or strength; a participant in a sport, exercise, or game requiring physical skill. See examples of athlete used in a sentence.

ATHLETE | English meaning - Cambridge Dictionary

ATHLETE definition: 1. a person who is very good at sports or physical exercise, especially one who competes in.... Learn more.

Athlete - Definition, Meaning & Synonyms | Vocabulary.com

An athlete is someone who trains for and competes in sporting events, as a professional or just for fun, like an athlete who bowls on a team, runs in local 5K races, or wins a gold medal at the Olympics. The noun athlete comes from the Greek word *athletes*, meaning “contestant in the games.”

athlete noun - Definition, pictures, pronunciation and usage notes ...

Definition of athlete noun in Oxford Advanced Learner's Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more.

athlete, n. meanings, etymology and more | Oxford English Dictionary

athlete, n. meanings, etymology, pronunciation and more in the Oxford English Dictionary

athlete - WordReference.com Dictionary of English

athlete is a noun, athletic is an adjective, athletics is a noun: The Olympic athletes came from all over the world. She took part in an athletic competition. Athletics is an important part of the school's program. **ath•lete** (ath' lēt), n.

athlete | meaning of athlete in Longman Dictionary of Contemporary ...

From Longman Dictionary of Contemporary English **ath•lete** /'æθli:t/ noun [countable] 1 someone who competes in sports competitions, especially running, jumping, and throwing a professional athlete 2 someone who is good at sports and who often does sports I was a natural athlete as a kid.

What does an athlete do? - CareerExplorer

An athlete is an individual who participates in sports or physical activities at a competitive level. Athletes possess exceptional physical abilities, skills, and often undergo rigorous training to excel in their chosen sport.