

ankle reflex nerve root

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Ankle - Wikipedia

In medical terminology, "ankle" (without qualifiers) can refer broadly to the region or specifically to the talocrural joint. [1][6] The main bones of the ankle region are the talus (in the foot), the tibia, and fibula (both in the leg).

Ankle Pain: Causes, Treatments & At-Home Remedies

Ankle pain is a sign of an injury, arthritis or overuse. Most ankle pain improves with rest, ice, compression, elevation and pain relievers.

Ankle Joint - Physiopedia

The ankle joint is a hinged synovial joint that is formed by the articulation of the talus, tibia, and fibula bone s. Together, the three borders (listed below) form the ankle mortise.

Ankle Bones - Names and Anatomy With Labeled Diagrams

The ankle is the region in the human leg where the lower leg meets with the proximal end of the foot. The ankle allows us to move the feet in different directions.

Ortho Globe | Ankle Anatomy

Explore the anatomy of the ankle, including bones, muscles, ligaments, nerves, and blood vessels, for a deeper understanding of its function.

Ankle | Joints, Bones, Muscles | Britannica

Ankle, in humans, hinge-type, freely moving synovial joint between the foot and leg. The ankle contains seven tarsal bones that articulate (connect) with each other, with the metatarsal bones of the foot, and with the bones of the lower leg.

Ankle Injuries and Disorders - MedlinePlus

Ankle injuries and ankle disorders can affect tendons and cartilage. Learn about different kinds of ankle problems including sprains and fractures.

Ankle Bone Anatomy - AOA Orthopedic Specialists

The ankle joint, or Talocrural joint, is a large synovial joint. It is a hinge joint that allows plantarflexion and dorsiflexion, moving the foot up and down. The ankle is more stable while joint is in dorsiflexion, and the anterior part of the talus is held in the joint.

Orthopedic and Rheumatic Conditions of Ankle - HSS

Learn about the causes, diagnosis and treatment of ankle injuries and conditions.

Ankle Sprain - Foot & Ankle - Orthobullets

Ankle sprains involve an injury to the ATFL and CFL and are the most common reason for missed athletic participation. Treatment usually includes a period of immobilization followed by physical therapy. Only when nonoperative treatment fails is surgical reconstruction indicated.