

Acupuncture - Doctors & Departments - Mayo Clinic

Practitioners use this integrative medicine technique to treat common problems such as back pain, neck pain and joint pain to influence energy flow.

Integrative medicine and health services in Florida - Overview

Acupuncture is one of the world's oldest recognized medical therapies. It is a key component of traditional Chinese medicine and embraced by many people, including those who practice conventional medicine, as a safe and effective treatment for many conditions. You are treated by a doctor trained in acupuncture or a licensed acupuncture practitioner supervised by a doctor. Techniques include ...

Integrative Medicine and Health - Overview - Mayo Clinic

Your health, your wellness Mayo Clinic Integrative Medicine and Health offers services for all aspects of your health and well-being, including the physical, emotional, spiritual and mental. Integrative medicine is an approach to healthcare that includes practices not traditionally part of conventional medicine, such as herbs and supplements, meditation, wellness coaching, acupuncture, massage ...

Integrative Oncology - Overview - Mayo Clinic

Integrative oncology care plans may include evidence-based techniques such as: Acupuncture and acupressure. For some people who receive chemotherapy or surgical anesthesia, nausea and vomiting can be hard to control with conventional medicine. Evidence shows that acupoint therapy can prevent and treat these symptoms as well as control pain. During acupuncture treatment, a practitioner inserts ...